

ILC-France

Activity Report 2010

1. Organization of ILC-France

CEO : Pr Françoise FORETTE

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Research Collaborators :

- Pr Claude Le Pen, Bernard Cottet, Dr. Laurent Goldstein (study : “Entreprises en bonne santé”)

- Carole Dufouil, Dr. Brigitte Heuls (ORLANDO’s study - “ Is older age retirement related to delayed clinical dementia onset ?“

Members of ILC France's board :

President : Bernard PEJOUAN

Vice-president : Pierre JOLY

General Secretary : Bernard FORETTE

Treasurer : Jean-François HENRY

2. Achievements of ILC-France in 2010

ILC France pursue in 2010 its main objectives :

- **Research on Longevity issues,**
- **Influencing decision makers in favor of the aging population and**
- **Communication.**

2.1 Research

All research projects aim at promoting health prevention and activity as a long life perspective.

2.1.1 « Healthy Companies Project – (EBS Entreprises en Bonne Santé)

This research program aims at assessing the impact of a prevention programme among collaborators of companies. ILC partners are: Dr. Goldstein, Mondial Assistance, Allianz Group, Claude Le Pen, Professor of Economy, University of Paris Dauphine, B. Cottet, Didacthem, Continuing Education Institute.

The prevention programme promotes healthy behaviour (nutrition and physical activity) and the prevention of back pain. It was conducted in 3 companies:

1- LILLY France: The study has been completed in 2008,

2- PREVOIR Insurance Company: The study has been completed in 2010

3- HSBC Insurance: The study will be completed at the end of 2011.

2.1.2 ORLANDO Study “Is older age retirement related to delayed clinical dementia onset ? “

The study is designed to determine in a population of more than 15,000 people, men and women whether cognitive stimulation associated with a longer working life may postpone the clinical symptoms of Alzheimer's disease (AD).

The study is run in collaboration with :

- Dr Brigitte Heuls - RSI (social security system for independent workers) - St-Denis,
- Carole Dufouil – researcher at Inserm - La Salpetriere – Paris.

This is a retrospective study based on existing databases of RSI that allow to cross “disease” data and "retirement" data managed by the same organization.

This work will determine if there is a difference in the age of retirement between people with AD and a control population, matched on age, gender, socio-professional category.

Moreover, it will measure time in days elapsed between the age of retirement and the date of the diagnosis of AD.

2.1.3 Collaboration with ILC Japan in the “International Comparative Study on Ideal Terminal Care and Death”.

The aim of the French part of the study is to map the most completely and accurately as possible, palliative care in France. Data has been collected in the palliative care services by the mean of detailed questionnaires filled by physicians, nurses and social workers.

The Japanese principal investigator was then able to compare the French data with those collected in other countries and make recommendations to improve support for people and their families while taking into account the cultural and social differences.

2.2 Influencing decision makers

2.2.1 Parliamentary Study Group on Longevity.

MPs are the primary actors involved in the process of substantial reforms, particularly the reform of pensions. To deal with the lack of accurate information of MPs on the "longevity revolution" in our country, ILC France proposed to Dr. Denis Jacquat MP of Moselle and vice president of the Commission of Cultural, Family and Social Affairs of the Parliament, to create the Study Group on Longevity in 2006. This group is enriched by the network of ILC-France. Proceedings of each hearing are available on demand.

Six hearings were held in 2010 :

- **February 23 : “Demographic evolution and immigration“**, Hervé Le Bras, Demographer, historian, writer, director of studies at the “Ecole des Hautes Etudes en Sciences Sociales” and Director of the Laboratory of Historical Demography (EHESS/CNRS)
- **May 4 : " Guardianship, curatorship : status in 2010. What are the prospects ?”**
Florence FRESNEL- Lawyer, specialist of the right of persons

- **June 1st:** "Is there a policy for seniors in the General Direction of Health (DGS) Didier HOUSSIN, Director General of Health. Professor of Surgery at the University René Descartes-Paris and head of department of Surgery at Cochin Hospital.
- **July 6 :** "Reform of the retirement home (EPHAD) financing, drugs and quality of care" Pierre NAVES, Inspector General of Health, Muriel Dahan, Pharmacist, former advisor to the Minister of Health, Youth and Sports, Nathalie MAUBOURGUET-AKE, MD, President of the French Federation of Medical Coordinators in retirement homes (FFAMCO)
- **October 10 :** "Alzheimer's Plan 2008- 2012 " Florence Lustman, Inspector General of Finance, in charge of the Alzheimer plan 2008-2012
- **December 10 :** "Sustainable development and longevity: the same challenge ?" Henri LERIDON, Academy of Sciences, Professor at the College de France, Research Director at the National Institute of Demographic Studies.

2.2.2 17th Parliamentary Meeting on Longevity – November 15, 2010 Paris. "Life expectancy: Dreams and Realities".

Under the auspices of Roselyne Bachelot-Narquin, Ministry of Health and Eric Woerth Ministry of Work and Solidarity. Co-chaired by ILC-France and Denis Jacquat –MP-. ILC-France is in charge of the scientific direction. These parliamentary meetings gather a public of 200 policymakers, institution representatives and geriatricians. Complete proceedings are published and available on demand or on the web-site (www.ilcfrance.org) for the 17th meeting.

2.2.3 Parliamentary Commission on Pensions –May 11, 2010 – Paris.

As part of the pension reform, ILC France was invited to participate in the deliberations. The law is being prepared by Parliament and was voted in September 2010.

2.3 Communication, other symposia, working group

- **HSBC insurance – January 11, 2010 - Paris**
Launch of the study EBS in this insurance company,
- **Foresight/Science and Innovation Network Workshop 'Unlocking and utilising the mental capital of the ageing population: international perspectives and opportunities' – January 20, 2010, City Inn, London, UK**
- **Economic and Social French Council - March 17, 2010 - Paris.** Presentation of "Women's health in France" -
- **Group PREVOIR –Insurance Company- at the "Senior Fair" - March 29, 2010 - Paris.** Communication on the importance of an early diagnostic and cognitive stimulation in Alzheimer's disease.
- **ROCHE – Pharmaceutical Industry - 1st Annual Conference of the chronic disease – May 11, 2010 - Paris.** Chairman of a round table on " Medical and sanitary specificities in chronic diseases"
- **Chairman at Alzheimer-Parkinson Meeting – May 29 and 30, 2010 - Copenhagen. Denmark**

- **ICAD Congress - July 7, 2010 - Hawaiï**- Presentation « **The Importance of National and Global Strategies for Tackling Alzheimer’s Disease (the French Case Study)** » in a Pfizer symposium “Thinking ahead for Alzheimer”.
- **Robert Butler’s Memorial and ILCs partners’ meeting – September 29, 2010 - New York.**
- **EUGMS Congress - September 30, 2010 - Dublin.** Presentation and article “Alzheimer as a preventable syndrome”
- **Group AUDIENS – insurance company - November 23, 2010 – Paris.** Chairman of a round table on “Helping the caregivers”
- **First Forum of the Risk Fondation – November 24, 2010- Paris.** The Chair of the Risk Fondation “Demographic and Economic Transitions” organised a meeting on “**Are Aging Societies condemned?**”. Chairman of the round table.
- **5th Meeting Silverlife on “Dependency; Risk and Insurance” - November 25, 2010 - Paris.** Presentation “First priority: preventing dependency”.
- **OCIRP – Insurance company – meeting - December 7, 2010 - Paris.** Presentation “Dependency and loss of autonomy, question of priority, question of dignity”

2.4 Other activities

Radio, TV and press interviews

Le Point, France 2, Liberation, East Republican, Women today, RMC, LCI, France-Inter, Panorama Du Médecin, "It is in the air" France 5.

Academic conferences for Institutions or Congresses : Meetings on “Dependency” at the Ministry of Social Affairs (Fr. EWALD), Columbia University-Paris, French Hypertension annual meeting, National Congress of Human Resources directors.

Meetings with companies and other personalities : Dr. Nora BERRA (Ministry of Elderly), Mr. WIEDMER (HSBC), Dr. De NORMANDIE (Korian), Dr. K. BLOCH (Sanofi Pasteur), Dr. P. GUILLET (Sanofi), Mr. F. RIBOUD (President Danone), Dr. DUVEAU (Eisai), Mr. P. BAS (former Ministry of Social Security, Elderly and Handicapped persons), Mr. M. ALBRECHT (Nutritia), Mr. GROUCHKA (Prime Minister Adviser), Dr. S. GONI (Lundbeck), Mr. N. OKUDA (Japanese Embassy), Mr. J.N. TALABARDON (Novartis), Mrs. F. LUSTMAN (Alzheimer’s Plan 2008-2012).

Meetings for EBS study : Gras-Savoie, SNECMA, Mrs. J. HERMANT (Axa), Mr. G. de ROBIEN, Dr. F. SARKOZY (LongeviTV), Mr. J.H. LORENZI (Risk Foundation), Méderic Alzheimer Foundation, Mr. HERYES (DGS), Mr. N. FREMDER (Alzheimer Train), Mr. HILLION (Air Liquide), Mr. L. VACHEY (CNSA), Ministry of Research, Presidents of Funds retirement.

Institutions Memberships : Board of the Institute of Life Sciences, Cardio-geriatrics Group of French Society of Geriatric and Gerontology (SFGG) and the French Society of Cardiology (SFC), Scientific Board of the MAPT Study Toulouse, Foundation for Alzheimer Scientific Cooperation, Scientific Board of the Association Robert Debré, Scientific Board of SFGG, Board “ENVI’ÂGE” Novartis, Scientific

Board of EXHONIT, Board of "Equilibre et population", Board of the IMPACT Study (Pfizer), Alzheimer vaccine Safety Monitoring Committee AC001 EU/US/Japan (Pfizer-Wyeth), Scientific Board of Ages study (Sanofi Aventis), Scientific Board of Souvenaid study (Nutricia), Presidency of "Collectif Alzheimer", National College of Professors of Geriatrics, Board of the Foundation Leroy-Merlin, Board of Directors of Broca, IAGG 2009 Board, Steering Committee of the Presidential Alzheimer Plan, General Manager of FNG.

Participation in FNG program "Growing is Aging". Chronos's prize awarded at the 16th

Bookfair - 2010 - Paris- www.prix-chronos.org

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